

Registration Form

Email _____

(be better informed & help us save \$)

Name _____

Gender (circle) M / F

Address _____

Birthdate _____ Race Day Age _____

Please circle event Kid's Run 1-mile Sr Walk

2-mile Run 2-mile Walk 4.7-Mile Run

Please Circle Amount By 5-20 Late

19 & over \$17 \$20

18 & under \$10 \$12

Kid's race free

Walkers \$10 \$12

Waiver: In consideration of your accepting my entry, I, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims that I may have against the persons, sponsors and organizations affiliated with this race for any and all injuries that may be suffered by me enroute to, during or from the event. I attest that I am physically fit and sufficiently trained for this competition, my physical condition has been verified by a licensed M.D. during the last 12 months. As part of this waiver, I acknowledge that I have read and understand all of the above.

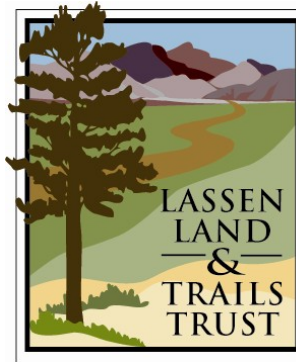
Signature _____

(All entrants must sign waiver – **parent or guardian if under 18**)

Date _____

Make checks payable to & mail to: **LLTT**

Mail to - P.O. Box 1461 Susanville, Ca 96130



Lassen Land and Trails Trust

P.O. Box 1461
Susanville, Ca 96130
(530) 257-3252
info@llttweb.org
www.llttweb.org

The Mission of the Lassen Land & Trails Trust is to conserve significant natural areas & agricultural landscapes, and to promote and enhance a public trail system throughout Lassen County.

18th Annual

Paiute Meadows Trail Run & Walk

Saturday, May 21, 2011

1-mile Kid's Run & Senior Walk - 8:30 am

2-mile Run & Walk - 9:30 am

4.7-mile Run - 9:30 am

Susanville Ranch Park

(West of Meadowview School)

Susanville, CA



Sponsored by **Lassen Land & Trails Trust**

www.llttweb.org

PRE-REGISTRATION

Pre-register by mail or in-person at the Historic Susanville Railroad Depot, 601 Richmond Road in Susanville. Pre-Registration must be received on or before May 19, 2011 at 5:00 pm:

\$17 over age 18; \$10 age 18 or under, & walkers.

1-mile kids run (age 12 & under) - FREE.

Or register on the internet at www.theschedule.com with a small surcharge.

Late & Race-Day registration:

\$20 over age 18; \$12 age 18 or under, & walkers

Family rate of \$55 (parents & two or more children). No charge for kids run (i.e. **FREE!**)

Pick up race number on Saturday between 7:30 to 9:15 a.m.

RACE-DAY SCHEDULE

7:30 – 9:15 Race day registration

8:30 a.m Kid's Run (free) & Senior Walk

9:10 a.m. Awards for Kid's Run & Senior Walk

9:30 a.m. 2-mile & 4.7-mile run/walk

10:30 Awards & refreshments



COURSE

All routes in a beautiful meadow and ponderosa pine forest with fantastic views of the Diamond Mountains.

Kids Run & Seniors Walk - A one mile loop around Bagwell Creek in the meadow. Gentle grades.

2-mile Run & Walk – A longer loop around the meadow which includes sections along Bagwell Creek, ponderosa pine forest and grass meadow. Gentle grades.

4.7-mile Run – A challenging cross country course that includes the short loop around the meadow with the addition of the tough Coyote Bluff trail. Gentle to moderately steep grades that make for a fun and strategic race.



ADDITIONAL INFORMATION

Lassen Land & Trails Trust at 530-257-3252

For lodging, etc. try www.susanvillestuff.com

DIRECTIONS

Turn north onto N. Lassen St. off State Highway 36 at the top of Main Street in Susanville. Turn Left on Nevada St, go 1-block to N. Roop. Turn Right.

Follow Roop Street for approximately one mile to the intersection with Lakewood Way (note that Roop becomes Cherry Terrace after about 0.5miles).

Turn left and you will see the start area and kiosk on Susanville Ranch County Park. There will be some parking in the Park.

T-SHIRTS

A limited number of unique t-shirts will be on sale on race day for \$9.

AWARDS

Times will be recorded for each finisher.

Overall and age group awards for 2-mile and 4.7-mile runs. Overall awards for 2-mile walk and kids run.

Randomly drawn raffle prizes to participants. Plus, free refreshments for all entrants.

PROCEEDS

Benefits Lassen Land & Trails Trust, a non-profit organization, devoted to protecting important natural and historical places in Lassen County. The Trust has been instrumental in developing the 8-mile network of multi-use trails at Susanville Ranch, operates the Historic Susanville Depot, acquires critical habitat for conservation, and works hard to make Lassen County a great place in which to live.

LOCAL ATTRACTIONS

Eagle Lake, Roop's Fort, Historic Train Depot, Bizz Johnson National Recreation Trail, Lake Almanor, Peter Lassen's Grave, Antelope Lake, and Lassen Volcanic National Park.

